



*Live for Today*

# Forrest Run

**Saturday,  
September 18<sup>th</sup>**

**1M Fun Run-9:00 am  
5K Run/Walk-9:30 am**



**Support the  
Fight Against  
Brain Cancer**

**For information:**

**[www.forrestrun.org](http://www.forrestrun.org)**

Contact Kelly Orr  
715.234.2181 ext. 5380

**Location:** UW Barron County - 1800 College Drive Rice Lake, WI 54868

**Course:** The course is exclusively on the UW Barron County Community Campus. This course will have water stations and mile splits.

**Amenities:** Performance T-shirts are guaranteed for all pre-registered participants. Ribbons will be given to all Fun Run participants and medals will be given to the top 3 finishers in each age group.

**Entry-Fee:** Early Registration (before Sept. 10<sup>th</sup>) 5k \$25 | Fun Run \$15  
Online registration available at <http://forrestrun.org>  
Gate Registration (7:45-8:45am Sept. 18<sup>st</sup>) 5k \$30 | Fun Run \$20

**1M Fun Run:** 12 years old or younger

**5K Run:** 12 & younger | 13-19 | 20-29 | 30-39 | 40-49 | 50-59 | 60+

Brain cancer is an overlooked and serious cancer that has affected many people's lives today. The Forrest Run is named after Forrest Olson, who passed away from brain cancer in 2007. This run supports a non-profit foundation for brain cancer research and supports families that have a loved one suffering from brain cancer.

There will be snacks, music and drinks, as well as medals for the winners of the race. All are welcome to support this great cause and have a good time. Please come down by yourself, with a friend, or with your family. This run is sponsored by your Rice Lake FBLA chapter.

**Remember, *Live for Today!***

**Name:** \_\_\_\_\_  
Last First M.I.

**Gender:**  Male  Female  
**Age:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_  
City State Zip

**E-Mail:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Event:**  5k  1M Fun Run

**T-Shirt Size:** Youth: S  M  L   
Women Adult: S  M  L  XL  XXL(+ \$2)   
Unisex Adult: S  M  L  XL  XXL(+ \$2)

Please mail this portion along with the fee to:

*Rice Lake High School FBLA  
30 South Wisconsin Ave.  
Rice Lake, WI 54868*

Make checks payable to "Forrest Run Fund."

or register online at <http://forrestrun.org>

By signing this race application, I release the Rice Lake School District, the race organizers, and any additional contributors, sponsors, or assigns of any liability associated with the Forrest Run. I certify that I am in good enough health to the best of my knowledge to safely participate in this event. I will also allow my picture to be used in publication as a result of this race.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
(A parent or legal guardian must sign for all participants under the age of 18)